

Name		D.O.B.	Sex ☐ M ☐ F	Health No. & V.C.
Address:			Tel:	

VASCULAR ULTRASOUND
(BY APPOINTMENT ONLY)

☐ Carotid ☐ Renal
☐ Arterial Extremity ☐ ARM ☐ LEG ☐ L ☐ R ☐ B ☐ B
☐ Venous Extremity ☐ ARM ☐ LEG ☐ L ☐ R ☐ B ☐ B

BREAST IMAGING (BY APPOINTMENT ONLY)

MAMMOGRAPHY ☐ ⊕ Left ☐ ⊕ Right ☐ Bilateral
By signing this requisition you are authorizing your patient to be referred on your behalf to William Osler Health System for additional breast assessment as needed

BREAST ULTRASOUND ☐ Left ☐ Right ☐ Bilateral

ULTRASOUND EXAMINATION
(BY APPOINTMENT ONLY)

GENERAL

☐ Abdomen
☐ Pelvic
☐ Transvaginal
☐ Renal + Bladder
☐ PVR-Post Void Residual
☐ Abdominal Wall
☐ Prostate-Transrectal
☐ Testicular / Scrotum
☐ Transvaginal
☐ Aorta
☐ Inguinal Canal/Hernia
☐ Thyroid
☐ Neck Mass
☐ Salivary Glands

LIVER (Non-OHIP)

☐ Abdomen + Fibrosis
☐ Abdomen + NAFLD
☐ Abdomen + ALD (Alcoholic Liver Disease)

ULTRASOUND GUIDED
PROCEDURES (WILSON LOCATION)

☐ ☐ L ☐ R Thyroid FNA
☐ ☐ L ☐ R Lymph Mode FNA
☐ ☐ L ☐ R Bursa
☐ ☐ L ☐ R Joints
☐ ☐ L ☐ R Tendons
☐ ☐ L ☐ R Foot

OBSTETRICAL

☐ OB Dating (<16wks)
☐ IPS (NT) (11-13 wks, 6 days)
☐ OB Routine Anatomy Scan (18-20wks)
☐ Biophysical Profile (> 30wks)
☐ OB High Risk
☐ OB Follow Up

HYSTEROSONOGRAM

MUSCULOSKELETAL

☐ ☐ L ☐ R ☐ B Hip
☐ ☐ L ☐ R ☐ B Hamstring
☐ ☐ L ☐ R ☐ B Knee
☐ ☐ L ☐ R ☐ B Achilles Tendon
☐ ☐ L ☐ R ☐ B Ankle
☐ ☐ L ☐ R ☐ B Foot
☐ ☐ L ☐ R ☐ B Shoulder
☐ ☐ L ☐ R ☐ B Elbow
☐ ☐ L ☐ R ☐ B Wrist
☐ ☐ L ☐ R ☐ B Other Muscle Area
☐ ☐ L ☐ R ☐ B Other Soft Tissue

BONE DENSITY (NO APPOINTMENT REQUIRED)

☐ Baseline ☐ 3 yr - First follow up ☐ High Risk - 1 yr

CARDIOLOGY

☐ Echocardiogram ☐ Resting ECG
☐ Stress Echocardiogram ☐ Stress ECG/GXT
☐ Holter Monitor 48hrs 72hrs 1wk 2wks

CONSULTATIONS

☐ Cardiology ☐ Internal Medicine

X-RAY (NO APPOINTMENT REQUIRED)

ABDOMEN

☐ Single view (KUB)
☐ Acute (includes Chest PA)

HEAD & NECK

☐ Skull
☐ Sinuses
☐ Soft Tissue of Neck
☐ Nasal Bones
☐ Facial Bones
☐ Mandible
☐ T.M. Joints
☐ Orbits

CHEST

☐ Chest (PA & LAT)
☐ Ribs ☐ L ☐ R ☐ B
(Includes Chest PA)
☐ Sternum
☐ S.C. Joints
☐ Immigration Chest (PA)

UPPER EXTREMITIES

☐ ☐ L ☐ R ☐ B Shoulder
☐ ☐ L ☐ R ☐ B Clavicle
☐ ☐ B A.C. Joints
☐ ☐ L ☐ R ☐ B Scapula
☐ ☐ L ☐ R ☐ B Humerus
☐ ☐ L ☐ R ☐ B Elbow
☐ ☐ L ☐ R ☐ B Forearm

☐ ☐ L ☐ R Wrist
☐ ☐ L ☐ R Scaphoid
☐ ☐ L ☐ R Hand
☐ ☐ L ☐ R Finger - N° 1 2 3 4 5

SKELETAL SURVEY

☐ Metastatic Series
☐ Arthritic Series
☐ Metabolic Series
☐ Bone Age

LOWER EXTREMITIES

☐ ☐ L ☐ R ☐ B Hip
☐ ☐ L ☐ R ☐ B Femur
☐ ☐ L ☐ R ☐ B Knee
☐ ☐ L ☐ R ☐ B Tib & Fib
☐ ☐ L ☐ R ☐ B Ankle
☐ ☐ L ☐ R ☐ B Foot
☐ ☐ L ☐ R ☐ B Calcaneus
☐ ☐ L ☐ R ☐ B Toes - N° 1 2 3 4 5

SPINE & PELVIS

☐ Cervical Spine
☐ Thoracic Spine
☐ Lumbo-Sacral Spine
☐ Sacrum & Coccyx
☐ S.I. Joints
☐ AP Pelvis
☐ Pelvis & Hip ☐ L ☐ R ☐ B
☐ Scoliosis Series

I DECLARE THAT I AM NOT PRESENTLY PREGNANT _____
 SIGNATURE

CLINICAL INFORMATION REQUIRED:

MD: _____

 CC: _____

☐ X-RAY ☐ ULTRASOUND

X-RAY • MAMMOGRAPHY • ULTRASOUND • VASCULAR ULTRASOUND • BMD • CARDIOLOGY

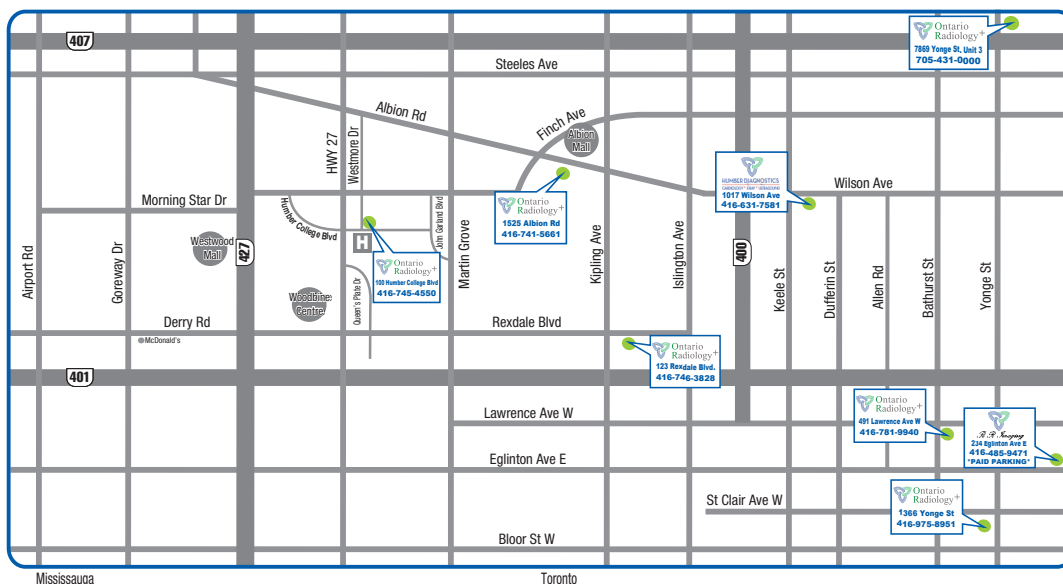
- ☐ 234 EGLINTON AVE E - TO MAKE APPT. CALL 416-485-9471
- ☐ 1366 YONGE ST - TO MAKE APPT. CALL 416-975-8951
- ☐ 491 LAWRENCE AVE W - TO MAKE APPT. CALL 416-781-9940
- ☐ 1017 WILSON AVE - TO MAKE APPT. CALL 416-631-7581
- ☐ 1525 ALBION RD - TO MAKE APPT. CALL 416-741-5661
- ☐ 100 HUMBER COLLEGE BLVD - TO MAKE APPT. CALL 416-745-4550
- ☐ 123 REXDALE BLVD - TO MAKE APPT. CALL 416-746-3828
- ☐ 7869 YONGE ST - TO MAKE APPT. CALL 705-431-0000

Appointment Date and Time

Date: _____

Time: _____

Cancellation should be made 24 hours before appointment.



MAMMOGRAPHY PREPARATIONS

NO POWDER OR DEODORANT

ULTRASOUND PREPARATIONS

ABDOMEN ULTRASOUND

- FAST FOR 8 HOURS, EAT A FAT FREE DINNER THE NIGHT BEFORE YOUR APPOINTMENT
- NO DAIRY PRODUCTS OR FRIED FOODS
- NO CARBONATED DRINKS 12 HOURS BEFORE YOUR APPOINTMENT
- NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE EXCEPT WATER
- DO NOT EAT BREAKFAST

PELVIS ULTRASOUND (ALL TYPES)

- DRINK 4-5 GLASSES OF WATER (OR 2 SMALL BOTTLES) OF CLEAR FLUID **TO BE FINISHED ONE HOUR BEFORE** YOUR APPOINTMENT (WATER, JUICE, BLACK COFFEE OR BLACK TEA)
- DO NOT VOID - A FULL BLADDER IS NECESSARY FOR THE EXAMINATION
- NO FASTING NECESSARY

ABDOMEN AND PELVIS ULTRASOUND TOGETHER

- EAT A FAT FREE DINNER THE NIGHT BEFORE YOUR APPOINTMENT
- NO DAIRY PRODUCTS OR FRIED FOODS
- NOTHING TO EAT AFTER MIDNIGHT THE NIGHT BEFORE
- DRINK 4-5 GLASSES OF WATER (OR 2 SMALL BOTTLES) OF CLEAR FLUID **TO BE FINISHED ONE HOUR BEFORE** YOUR APPOINTMENT (WATER, JUICE, BLACK COFFEE OR BLACK TEA)
- DO NOT VOID - A FULL BLADDER IS NECESSARY FOR THE EXAMINATION

OBSTETRICAL ULTRASOUND

- FOR LESS THAN 12 WEEKS: DRINK 4-5 GLASSES OF WATER (OR 2 SMALL BOTTLES) OF CLEAR FLUID **TO BE FINISHED ONE HOUR BEFORE** YOUR APPOINTMENT (WATER, JUICE, BLACK COFFEE OR BLACK TEA). YOU MUST EAT BREAKFAST/LUNCH
- FOR 12/18 WEEKS/FOR OVER 18 WEEKS DRINK 2 GLASSES (OR 1 SMALL BOTTLE) OF CLEAR FLUID **TO BE FINISHED ONE HOUR BEFORE** YOUR APPOINTMENT (WATER, JUICE, BLACK COFFEE OR BLACK TEA). YOU MUST EAT BREAKFAST/LUNCH

LIVER ULTRASOUND

- FAST FOR AT LEAST 4 HOURS BEFORE THE EXAMINATION.

NO PREPARATION IS REQUIRED FOR FOLLOWING

- SCROTAL/TESTICULAR ULTRASOUND
- THYROID ULTRASOUND
- MUSCULOSKELETAL ULTRASOUND (ANY TYPE)
- BREAST ULTRASOUND

NUCHAL TRANSLUCENCY - IPS

- DRINK 3 GLASSES OF WATER (OR 1.5 SMALL BOTTLES) OF CLEAR FLUID **TO BE FINISHED ONE HOUR BEFORE** YOUR APPOINTMENT (WATER, JUICE, BLACK COFFEE OR BLACK TEA).
- YOU MUST BRING ALL THE PAPERS FROM YOUR DOCTOR (BLOOD WORK REQUISITION, I.P.S. SCREENING PAPER, ETC.) WITH YOU FOR YOUR APPOINTMENT

PROSTATE -TRANSRECTAL ULTRASOUND

- PURCHASE A **FLEET ENEMA** FROM THE PHARMACY AND FOLLOW THE INSTRUCTIONS IN THE PACKAGE
- SELF ADMINISTER THE ENEMA 2 HOURS BEFORE YOUR APPOINTMENT
- DRINK 4-5 GLASSES OF WATER (OR 2 SMALL BOTTLES) OF CLEAR FLUID **TO BE FINISHED ONE HOUR BEFORE** YOUR APPOINTMENT (WATER, JUICE, BLACK COFFEE OR BLACK TEA).
- DO NOT VOID

HYSTEROSONOGRAM

- DRINK 3 GLASSES OF WATER (OR 1.5 SMALL BOTTLES) OF CLEAR FLUID **TO BE FINISHED ONE HOUR BEFORE** YOUR APPOINTMENT (WATER, JUICE, BLACK COFFEE OR BLACK TEA).
- OCCASIONALLY, PATIENT MIGHT EXPERIENCE SOME CRAMPING DURING OR AFTER HYSTEROSONOGRAM. SHE MAY TAKE 1-2 TABLETS OF IBUPROFEN (TYLENOL OR ADVIL) 1 HOUR BEFORE OR AFTER THE PROCEDURE.

ALL BARIUM STUDIES

- NOTHING TO EAT OR DRINK 12 HOURS PRIOR TO THE TEST

DIAGNOSTIC TEST PREPARATIONS

EXERCISE STRESS TEST GXT / ECG / ECHO

- LIGHT BREAKFAST / LUNCH ON THE DAY OF TEST
- WEAR COMFORTABLE SHOES, T-SHIRTS, SHORTS OR PANTS
- NO SMOKING 1 HOUR PRIOR TO TEST
- BRING ALL CURRENT MEDICATIONS, AND CHECK WITH YOUR PHYSICIAN REGARDING THE DISCONTINUATION OF ANY RELATED MEDICATION.