

Name	D.O.B.	Sex <input type="checkbox"/> M <input type="checkbox"/> F	Health No. & V.C.
Address:			Tel:

**VASCULAR ULTRASOUND**  
(BY APPOINTMENT ONLY)

☐ Carotid ☐ Renal

☐ Arterial Extremity ☐ ARM ☐ L ☐ R ☐ B  
☐ LEG ☐ L ☐ R ☐ B

☐ Venous Extremity ☐ ARM ☐ L ☐ R ☐ B  
☐ LEG ☐ L ☐ R ☐ B

**ULTRASOUND EXAMINATION**  
(BY APPOINTMENT ONLY)

**GENERAL**

☐ Abdomen  
☐ Abdomen + Fibrosis  
☐ Abdomen + NAFLD  
☐ Abdomen + ALD (Alcoholic Liver Disease)  
☐ Pelvic  
☐ Transvaginal  
☐ Renal + Bladder  
☐ PVR-Post Void Residual  
☐ Abdominal Wall  
☐ Prostate-Transrectal  
☐ Testicular / Scrotum  
☐ Transvaginal  
☐ Aorta  
☐ Inguinal Canal/Hernia  
☐ Thyroid  
☐ Neck Mass  
☐ Salivary Glands

**LIVER (Non-OHIP)**

☐ Fibrosis  
☐ NAFLD  
☐ ALD (Alcoholic Liver Disease)

**ULTRASOUND GUIDED PROCEDURES (WILSON LOCATION)**

☐ ☐ R Thyroid FNA  
☐ ☐ R Lymph Node FNA  
☐ ☐ R Bursa  
☐ ☐ R Joints  
☐ ☐ R Tendons  
☐ ☐ R Foot

**OBSTETRICAL**

☐ OB Dating (<16wks)  
☐ IPS (NT) (11-13 wks, 6 days)  
☐ OB Routine Anatomy Scan (18-20wks)  
☐ Biophysical Profile (> 30wks)  
☐ OB High Risk  
☐ OB Follow Up

**HYSTEROSONOGRAM**

**MUSCULOSKELETAL**

☐ ☐ R ☐ B Hip  
☐ ☐ R ☐ B Hamstring  
☐ ☐ R ☐ B Knee  
☐ ☐ R ☐ B Achilles Tendon  
☐ ☐ R ☐ B Ankle  
☐ ☐ R ☐ B Foot  
☐ ☐ R ☐ B Shoulder  
☐ ☐ R ☐ B Elbow  
☐ ☐ R ☐ B Wrist  
☐ ☐ R ☐ B Other Muscle Area  
☐ ☐ R ☐ B Other Soft Tissue

**BREAST IMAGING (BY APPOINTMENT ONLY)**

**MAMMOGRAPHY** ☐ ☐ Left ☐ ☐ Right ☐ Bilateral

By signing this requisition you are authorizing your patient to be referred on your behalf to William Osler Health System for additional breast assessment as needed \_\_\_\_\_

**BREAST ULTRASOUND** ☐ Left ☐ Right ☐ Bilateral

**BONE DENSITY (NO APPOINTMENT REQUIRED)**

☐ Baseline ☐ 3 yr - First follow up ☐ High Risk - 1 yr

**CARDIOLOGY**

☐ Echocardiogram ☐ Resting ECG  
☐ Stress Echocardiogram ☐ Stress ECG/GXT  
☐ Holter Monitor 48hrs 72hrs 1wk 2wks

**CONSULTATIONS**

☐ Cardiology ☐ Internal Medicine

**X-RAY (NO APPOINTMENT REQUIRED)**

<p><b>ABDOMEN</b></p> <p><input type="checkbox"/> Single view (KUB) <input type="checkbox"/> Acute (includes Chest PA)</p> <p><b>HEAD &amp; NECK</b></p> <p><input type="checkbox"/> Skull <input type="checkbox"/> Sinuses <input type="checkbox"/> Soft Tissue of Neck <input type="checkbox"/> Nasal Bones <input type="checkbox"/> Facial Bones <input type="checkbox"/> Mandible <input type="checkbox"/> T.M. Joints <input type="checkbox"/> Orbits</p> <p><b>CHEST</b></p> <p><input type="checkbox"/> Chest (PA &amp; LAT) <input type="checkbox"/> Ribs <input type="checkbox"/> <input type="checkbox"/> R <input type="checkbox"/> B (Includes Chest PA) <input type="checkbox"/> Sternum <input type="checkbox"/> S.C. Joints <input type="checkbox"/> Immigration Chest (PA)</p> <p><b>UPPER EXTREMITIES</b></p> <p><input type="checkbox"/> <input type="checkbox"/> R <input type="checkbox"/> B Shoulder <input type="checkbox"/> <input type="checkbox"/> R <input type="checkbox"/> B Clavicle <input type="checkbox"/> <input type="checkbox"/> B A.C. Joints <input type="checkbox"/> <input type="checkbox"/> R <input type="checkbox"/> B Scapula <input type="checkbox"/> <input type="checkbox"/> R <input type="checkbox"/> B Humerus <input type="checkbox"/> <input type="checkbox"/> R <input type="checkbox"/> B Elbow <input type="checkbox"/> <input type="checkbox"/> R <input type="checkbox"/> B Forearm</p>	<p><input type="checkbox"/> <input type="checkbox"/> R Wrist <input type="checkbox"/> <input type="checkbox"/> R Scaphoid <input type="checkbox"/> <input type="checkbox"/> R Hand <input type="checkbox"/> <input type="checkbox"/> R Finger - N° 1 2 3 4 5</p> <p><b>SKELETAL SURVEY</b></p> <p><input type="checkbox"/> Metastatic Series <input type="checkbox"/> Arthritic Series <input type="checkbox"/> Metabolic Series <input type="checkbox"/> Bone Age</p> <p><b>LOWER EXTREMITIES</b></p> <p><input type="checkbox"/> <input type="checkbox"/> R <input type="checkbox"/> B Hip <input type="checkbox"/> <input type="checkbox"/> R <input type="checkbox"/> B Femur <input type="checkbox"/> <input type="checkbox"/> R <input type="checkbox"/> B Knee <input type="checkbox"/> <input type="checkbox"/> R <input type="checkbox"/> B Tib &amp; Fib <input type="checkbox"/> <input type="checkbox"/> R <input type="checkbox"/> B Ankle <input type="checkbox"/> <input type="checkbox"/> R <input type="checkbox"/> B Foot <input type="checkbox"/> <input type="checkbox"/> R <input type="checkbox"/> B Calcaneus <input type="checkbox"/> <input type="checkbox"/> R <input type="checkbox"/> B Toes - N° 1 2 3 4 5</p> <p><b>SPINE &amp; PELVIS</b></p> <p><input type="checkbox"/> Cervical Spine <input type="checkbox"/> Thoracic Spine <input type="checkbox"/> Lumbo-Sacral Spine <input type="checkbox"/> Sacrum &amp; Coccyx <input type="checkbox"/> S.I. Joints <input type="checkbox"/> AP Pelvis <input type="checkbox"/> Pelvis &amp; Hip <input type="checkbox"/> <input type="checkbox"/> R <input type="checkbox"/> B <input type="checkbox"/> Scoliosis Series</p>
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I DECLARE THAT I AM NOT PRESENTLY PREGNANT \_\_\_\_\_

SIGNATURE

**CLINICAL INFORMATION REQUIRED:**

MD: \_\_\_\_\_

CC: \_\_\_\_\_ ☐ X-RAY ☐ ULTRASOUND

☐ **STAT** ☐ **VERBAL**

**RR IMAGING (Paid Parking)**

☐ 234 Eglinton Ave E, Unit 207  
Toronto, ON M4P 1K5  
Ph: 416-485-9471 Fax: 416-485-9309

**CLINIC HOURS**  
Mon-Friday: 7:00 AM to 6 PM  
Saturday: 8:00 AM to 3 PM  
• X-RAY • ULTRASOUND

**NORTH YORK**

☐ 491 Lawrence Ave W, LL2  
North York, ON, M5M 1C7  
Ph: 416-781-9940 Fax: 416-781-7175

**CLINIC HOURS**  
Mon-Friday: 8:00 AM to 6 PM  
Saturday: 8:00 AM to 3 PM  
• X-RAY • ULTRASOUND • BMD • MAMMOGRAPHY

**HUMBER DIAGNOSTICS**

☐ 1017 Wilson Ave, Suite 100  
North York, ON M3K 1Z1  
Ph: 416-631-7581 Fax: 416-631-9759

**CLINIC HOURS**  
Mon-Thurs: 8:00 AM to 6 PM  
Friday: 8:00 AM to 5 PM  
Saturday: 8:00 AM to 3 PM  
• X-RAY • ULTRASOUND • BMD • CARDIOLOGY

**ALBION**

☐ 1525 Albion Rd, LL4  
Etobicoke, ON, M9V 5G5  
Ph: 416-741-5661 Fax: 416-741-6417

**CLINIC HOURS**  
Mon-Friday: 7:00 AM to 6 PM  
Saturday: 8:00 AM to 3 PM  
• X-RAY • ULTRASOUND • BMD • MAMMOGRAPHY • VASCULAR ULTRASOUND

**HUMBER**

☐ 100 Humber College Blvd, Suite 106A  
Rexdale, ON, M9V 5G4  
Ph: 416-745-4550 Fax: 416-745-4048

**CLINIC HOURS**  
Mon-Friday: 8:00 AM to 6 PM  
Saturday: 8:00 AM to 3 PM  
Sunday: 9:00 AM to 3 PM  
• X-RAY • ULTRASOUND

**REXDALE**

☐ 123 Rexdale Blvd, Unit 6  
Etobicoke, ON M9W 1P1  
Ph: 416-746-3828 Fax: 416-746-6397

**CLINIC HOURS**  
Mon-Friday: 8:00 AM to 6 PM  
Saturday: 8:00 AM to 3 PM  
• X-RAY • ULTRASOUND • BMD

**INNISFIL**

☐ 7869 Yonge St, Unit 3  
Stroud, Innisfil, ON L9S 1K8  
Ph: 705-431-0000 Fax: 705-431-0041

**CLINIC HOURS**  
Mon-Friday: 8:00 AM to 4 PM  
Saturday: 8:00 AM to 3 PM  
• BMD • MAMMOGRAPHY • VASCULAR

**YONGE**

☐ 1366 Yonge St, Suite 101  
Toronto, ON, M4T 3A7  
Ph: 416-975-8951 Fax: 416-975-8610

**CLINIC HOURS**  
Mon-Friday: 8:30 AM to 4 PM  
Saturday: 9:00 AM to 3 PM  
• X-RAY • ULTRASOUND • BMD • VASCULAR ULTRASOUND

**DR's OFFICE STAMP**

DOCTOR, PLEASE PRINT YOUR NAME AS WELL

# X-RAY • MAMMOGRAPHY • ULTRASOUND • VASCULAR ULTRASOUND • BMD • CARDIOLOGY

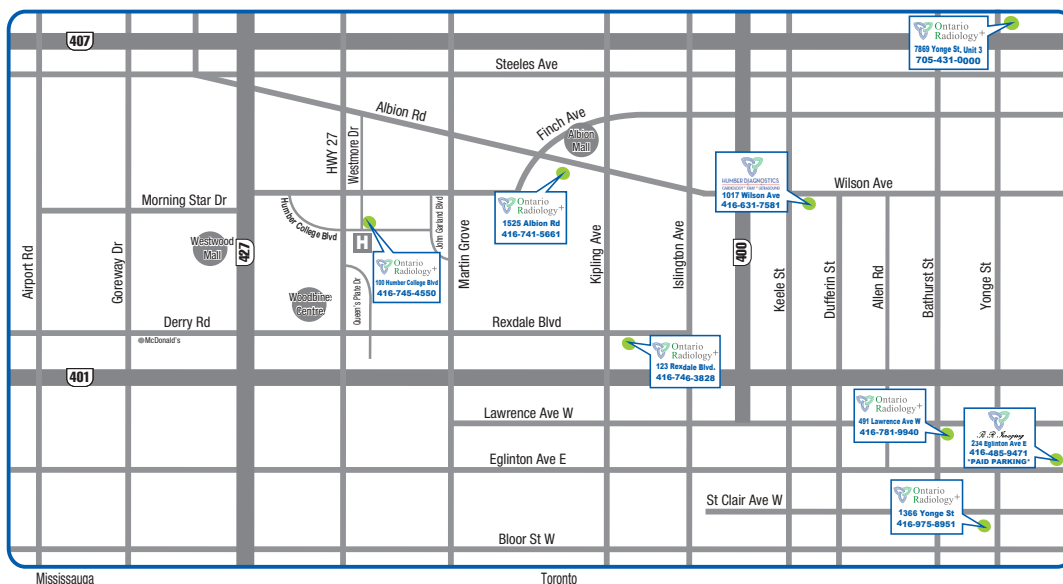
- ☐ 234 EGLINTON AVE E - TO MAKE APPT. CALL 416-485-9471
- ☐ 491 LAWRENCE AVE W - TO MAKE APPT. CALL 416-781-9940
- ☐ 1017 WILSON AVE - TO MAKE APPT. CALL 416-631-7581
- ☐ 1525 ALBION RD - TO MAKE APPT. CALL 416-741-5661
- ☐ 100 HUMBER COLLEGE BLVD - TO MAKE APPT. CALL 416-745-4550
- ☐ 123 REXDALE BLVD - TO MAKE APPT. CALL 416-746-3828
- ☐ 7869 YONGE ST - TO MAKE APPT. CALL 705-431-0000
- ☐ 1366 YONGE ST - TO MAKE APPT. CALL 416-975-8951

Appointment Date and Time

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Cancellation should be made 24 hours before appointment.



## MAMMOGRAPHY PREPARATIONS

### NO POWDER OR DEODORANT

## ULTRASOUND PREPARATIONS

#### ABDOMEN ULTRASOUND

- FAST FOR 8 HOURS, EAT A FAT FREE DINNER THE NIGHT BEFORE YOUR APPOINTMENT
- NO DAIRY PRODUCTS OR FRIED FOODS
- NO CARBONATED DRINKS 12 HOURS BEFORE YOUR APPOINTMENT
- NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE EXCEPT WATER
- DO NOT EAT BREAKFAST

#### PELVIS ULTRASOUND (ALL TYPES)

- DRINK 4-5 GLASSES OF WATER (OR 2 SMALL BOTTLES) OF CLEAR FLUID **TO BE FINISHED ONE HOUR BEFORE** YOUR APPOINTMENT (WATER, JUICE, BLACK COFFEE OR BLACK TEA)
- DO NOT VOID - A FULL BLADDER IS NECESSARY FOR THE EXAMINATION
- NO FASTING NECESSARY

#### ABDOMEN AND PELVIS ULTRASOUND TOGETHER

- EAT A FAT FREE DINNER THE NIGHT BEFORE YOUR APPOINTMENT
- NO DAIRY PRODUCTS OR FRIED FOODS
- NOTHING TO EAT AFTER MIDNIGHT THE NIGHT BEFORE
- DRINK 4-5 GLASSES OF WATER (OR 2 SMALL BOTTLES) OF CLEAR FLUID **TO BE FINISHED ONE HOUR BEFORE** YOUR APPOINTMENT (WATER, JUICE, BLACK COFFEE OR BLACK TEA)
- DO NOT VOID - A FULL BLADDER IS NECESSARY FOR THE EXAMINATION

#### OBSTETRICAL ULTRASOUND

- FOR LESS THAN 12 WEEKS: DRINK 4-5 GLASSES OF WATER (OR 2 SMALL BOTTLES) OF CLEAR FLUID **TO BE FINISHED ONE HOUR BEFORE** YOUR APPOINTMENT (WATER, JUICE, BLACK COFFEE OR BLACK TEA). YOU MUST EAT BREAKFAST/LUNCH
- FOR 12/18 WEEKS/FOR OVER 18 WEEKS DRINK 2 GLASSES (OR 1 SMALL BOTTLE) OF CLEAR FLUID **TO BE FINISHED ONE HOUR BEFORE** YOUR APPOINTMENT (WATER, JUICE, BLACK COFFEE OR BLACK TEA). YOU MUST EAT BREAKFAST/LUNCH

#### LIVER ULTRASOUND

- FAST FOR AT LEAST 4 HOURS BEFORE THE EXAMINATION.

#### NO PREPARATION IS REQUIRED FOR FOLLOWING

- SCROTAL/TESTICULAR ULTRASOUND
- THYROID ULTRASOUND
- MUSCULOSKELETAL ULTRASOUND (ANY TYPE)
- BREAST ULTRASOUND

#### NUCHAL TRANSLUCENCY - IPS

- DRINK 3 GLASSES OF WATER (OR 1.5 SMALL BOTTLES) OF CLEAR FLUID **TO BE FINISHED ONE HOUR BEFORE** YOUR APPOINTMENT (WATER, JUICE, BLACK COFFEE OR BLACK TEA).
- YOU MUST BRING ALL THE PAPERS FROM YOUR DOCTOR (BLOOD WORK REQUISITION, I.P.S. SCREENING PAPER, ETC.) WITH YOU FOR YOUR APPOINTMENT

#### PROSTATE -TRANSRECTAL ULTRASOUND

- PURCHASE A **FLEET ENEMA** FROM THE PHARMACY AND FOLLOW THE INSTRUCTIONS IN THE PACKAGE
- SELF ADMINISTER THE ENEMA 2 HOURS BEFORE YOUR APPOINTMENT
- DRINK 4-5 GLASSES OF WATER (OR 2 SMALL BOTTLES) OF CLEAR FLUID **TO BE FINISHED ONE HOUR BEFORE** YOUR APPOINTMENT (WATER, JUICE, BLACK COFFEE OR BLACK TEA).
- DO NOT VOID

#### HYSTEROSONOGRAM

- DRINK 3 GLASSES OF WATER (OR 1.5 SMALL BOTTLES) OF CLEAR FLUID **TO BE FINISHED ONE HOUR BEFORE** YOUR APPOINTMENT (WATER, JUICE, BLACK COFFEE OR BLACK TEA).
- OCCASIONALLY, PATIENT MIGHT EXPERIENCE SOME CRAMPING DURING OR AFTER HYSTEROSONOGRAM. SHE MAY TAKE 1-2 TABLETS OF IBUPROFEN (TYLENOL OR ADVIL) 1 HOUR BEFORE OR AFTER THE PROCEDURE.

#### ALL BARIUM STUDIES

- NOTHING TO EAT OR DRINK 12 HOURS PRIOR TO THE TEST

## DIAGNOSTIC TEST PREPARATIONS

#### EXERCISE STRESS TEST GXT / ECG / ECHO

- LIGHT BREAKFAST / LUNCH ON THE DAY OF TEST
- WEAR COMFORTABLE SHOES, T-SHIRTS, SHORTS OR PANTS
- NO SMOKING 1 HOUR PRIOR TO TEST
- BRING ALL CURRENT MEDICATIONS, AND CHECK WITH YOUR PHYSICIAN REGARDING THE DISCONTINUATION OF ANY RELATED MEDICATION.